

ITALYNETIC

*by*

*Paul Siserman*

# ANTIPASTI (STARTERS)

## Bruschette

30 Lei

### - Mozzarella/pomodori/aglio/basilico - 125g

Mozzarella, tomatoes, garlic, basil oil

Allergens - gluten, lactose.

Additives present - flour treatment agent: ascorbic acid.

Nutritional values: Energy value = 517 kcal,

Proteins - 17.27 gr., Lipids - 28.13 gr. of which saturated fat - 12.4 gr.,

Carbohydrates - 45.4 gr. of which sugars - 1.44 gr., Fiber - 2.2 gr., Salt - 2.5 gr.

### - Crema di funghi tartufata - 125g

Mushrooms mix

Allergens - gluten, lactose.

Additives present - stabilizer: iron gluconate E579, ascorbic acid.

Nutritional values: Energy value = 559kcal,

Proteins - 14.15 gr., Lipids - 38 gr. of which saturated fat - 1.1 gr.,

Carbohydrates - 47.3 gr. of which sugars - 10.6 gr., Fiber - 5.5 gr., Salt - 1.5 gr.

### - Prosciutto/avocado/ricotta - 135g

Prosciutto, avocado, cream cheese

Allergens - gluten, lactose.

Additives present -

Nutritional values: Energy value = 579 kcal

Proteins - 22.43 gr., Lipids - 34.34 gr. of which saturated fat - 12.7 gr.

Carbohydrates - 42.2 gr. of which sugars - 1.5 gr., Fiber - 2.3 gr., Salt - 2.7 gr.

### - Pesto/alici/pomodori secchi - 135g

Genoese pesto, cream cheese, sundried tomatoes, anchovies

Allergens - gluten, lactose.

Additives present - flour treatment agent - ascorbic acid, acidity regulator: citric and lactic acid.

Nutritional values: Energy value = 519 kcal

Proteins - 17.3 gr., Lipids - 28.2 gr. of which saturated fat - 11 gr.,

Carbohydrates - 46 gr. of which sugars - 2 gr., Fiber - 2.3 gr., Salt - 2.7 gr.

### Arancini Siciliani Al Forno Con Schiuma Di Parmigiano E Uova Di Quaglia - 160g

54 Lei

Rice, mozzarella, parmesan, butter, panko, eggs, wine, turmeric, salt, pepper

Allergens - lactose, eggs, mustard, traces of soy, gluten, traces of sesame.

Additives present -

Nutritional values: Energy value = 818 kcal

Proteins - 37.31 gr., Lipids - 39.1 gr. of which saturated fat - 21.81 gr.,

Carbohydrates - 68.31 gr. of which sugars - 2.58 gr., Fiber - 5.2 gr., Salt - 4.5 gr.

### Fantasia Di Burrata - 435g

75 Lei

Burrata, prosciutto crudo, salad mix, olives, olive oil, truffle cream, toasted bread, balsamic vinegar reduction

Allergens - gluten, lactose.

Additives present - stabilizer: iron gluconate E579.

Nutritional values: Energy value = 969kcal

Proteins - 44.3 gr., Lipids - 78.66 gr. of which saturated fat - 3.6 gr.,

Carbohydrates - 36.55 gr. of which sugars - 2.82 gr., Fiber - 4.4 gr., Salt - 3.25 gr.

### Vitello Tonnato - 250g

90 Lei

Veal tenderloin, toned sauce (tuna, eggs, anchovy, caper oil, lemon juice, capers), toast

Allergens - gluten

Additives present - acidity corrector - citric acid.

Nutritional values: Energy value = 515 kcal

Proteins - 55.2 gr., Lipids - 14.1 gr. of which saturated fat - 0.38 gr.,

Carbohydrates - 38.5 gr. of which sugars - 0.09 gr., Fiber - 1.4 gr., Salt - 3 gr.

### Tagliere Di Salumi Formaggi Misti (2 Pers) - 300g

80 Lei

Prosciutto crudo, salami, bresaola, coppa, parmigiano reggiano, fontina, gorgonzola, brie, green olives, grapes, walnut

Allergens - lactose, eggs, mustard, traces of soy, gluten, traces of sesame.

Additives present -

Nutritional values: Energy value = 770 kcal

Proteins - 63.3 gr., Lipids - 53.8 gr. of which saturated fat - 18.5 gr.,

Carbohydrates - 18 gr. of which sugars - 8.76 gr., Fiber - 1.3 gr., Salt - 2.5 gr.

### Hummus - 250g

40 Lei

Chickpeas, sun-dried tomatoes in oil, olive oil, sesame paste, garlic, lemon juice, parsley

Allergens - sesame.

Additives present - antioxidant E300, acidity corrector E330.

Nutritional values: Energy value = 247 kcal

Proteins - 6.24 gr., Lipids - 18.1 gr. of which saturated fat - 0.6 gr.,

Carbohydrates - 18.46 gr. of which sugars - 2.74 gr., Fiber - 4.7 gr., Salt - 1 gr.

### Tartare Di Vitello - 200g

108 Lei

Veal tenderloin, butter, egg, shallots, pickles, capers, paprika, Worcestershire sauce, Tabasco, Dijon mustard, salt, pepper, toast

Allergens - lactose, eggs, mustard, traces of soy, gluten, traces of sesame.

Additives present - coloring: E150a; flavor enhancer: E621, thickener: xanthan gum, flavor; preservative: potassium metabisulphite; coloring: carotenes.

Nutritional values: Energy value = 1153 kcal

Proteins - 36.3 gr., Lipids - 77.2 gr. of which saturated fat - 10.6 gr.,

Carbohydrates - 94.5 gr. of which sugars - 4 gr., Fiber - 36 gr., Salt - 7.25 gr.

### Tartatare Di Tonno - Polpo - Verdure Su Crema Di Avocado - 200g

83 Lei

Tuna, octopus, tomato, celery, shallot, cucumber, seaweed, avocado, soy sauce, sesame oil, salt, pepper, bread, capers, toast

Allergens - lactose, eggs, mustard, traces of soy, gluten, traces of sesame.

Additives present - coloring: E150a; flavor enhancer: E621, thickener: xanthan gum, flavor; preservative: potassium metabisulphite; coloring: carotenes.

Nutritional values: Energy value = 1153 kcal

Proteins - 36.3 gr., Lipids - 77.2 gr. of which saturated fat - 10.6 gr.,

Carbohydrates - 94.5 gr. of which sugars - 4 gr., Fiber - 36 gr., Salt - 7.25 gr.

# PRIMI (PASTA/RISOTTO)

### Spaghetti Aglio Olio Peperoncino

27 Lei

Spaghetti, garlic, hot pepper, oil olives, salt, pepper, parsley

Allergens - gluten.

Additives present -

Nutritional values: Energy value = 452 kcal

Proteins - 7.74 gr., Lipids - 31.1 gr. of which saturated fat - 0.2 gr.,

Carbohydrates - 40 gr. of which sugars - 1 gr., Fiber - 2.4 gr., Salt - 4.5 gr.

### Spaghetti Carbonara - 450g

45 Lei

Spaghetti, eggs, guanciale, pecorino romano grattugiato, salt, pepper, chopped parsley

Allergens - lactose, gluten, eggs.

Additives present - acidity regulator: citric and lactic acid; antioxidant: ascorbic acid.

Nutritional values: Energy value = 1271 kcal

Proteins - 102.1 gr., Lipids - 82.7 gr. of which saturated fat - 2.3 gr.,

Carbohydrates - 55.6 gr. of which sugars - 0.9 gr., Fiber - 5.2 gr., Salt - 19 gr.

### Spaghetti Ai Frutti Di Mare - 450g

55 Lei

Spaghetti with cuttlefish ink, oil, garlic, white wine, mussels, squid rings, shrimp, squid tentacles, parsley

Allergens - shellfish, lactose, gluten.

Additives present - stabilizers E451, E452.

Nutritional values: Energy value = 680 kcal

Proteins - 57 gr., Lipids - 13.1 gr. of which saturated fat - 2 gr.,

Carbohydrates - 85.9 gr. of which sugars - 1 gr., Fiber - 0.8 gr., Salt - 16 gr.

### Tagliatelle Con Ragù Bolognese

45 Lei

Tagliatelle, ragu, parmesan, parsley

Allergens - lactose, gluten, eggs.

Additives present - acidity regulator: citric acid, xanthan gum.

Nutritional values: Energy value = 1230kcal

Proteins - 71.7 gr., Lipids - 45 gr. of which saturated fat - 17.1 gr.,

Carbohydrates - 113.2 gr. of which sugars - 10.1 gr., Fiber - 14.7 gr., Salt - 3 gr.

### Tagliatelle Con Pollo E Porcini In Crema 4 Formaggi - 450g

40 Lei

Tagliatelle, chicken breast, mushrooms, parmesan, brie, cheese, cream, olive oil, garlic, salt, black pepper

Allergens - gluten, lactose, peanuts, soy.

Additives present - maltodextrins; stabilizers: guar gum (E412), carob seed gum (E410); emulsifier: soy lecithin (E322).

Nutritional values: Energy value = 1087 kcal

Proteins - 65.5 gr., Lipids - 47.3 gr. of which saturated fat - 10.7 gr.,

Carbohydrates - 98.5 gr. of which sugars - 4.5 gr., Fiber - 3.8 gr., Salt - 4 gr.

### Penne Arrabbiata - 450g

27 Lei

Penne, garlic, hot peppers, tomato juice, parsley, olive oil, salt, pepper

Allergens - gluten.

Additives present - citric acid.

Nutritional values: Energy value = 501 kcal

Proteins - 13.9 gr., Lipids - 13.8 gr. of which saturated fat - 1 gr.,

Carbohydrates - 83 gr. of which sugars - 4.3 gr., Fiber - 2.2 gr., Salt - 1.5 gr.

## **Penne Quattro Formaggi E Speck (Al Forno) - 480g** **40 Lei**

*Penne, quattro formaggi sauce, salt, pepper*

*Allergens - lactose, gluten.*

*Additives present -*

*Nutritional values: Energy value = 957 kcal*

*Proteins - 37.3 gr., Lipids - 46.2 gr. of which saturated fat - 17.8 gr.,*

*Carbohydrates - 98 gr., of which sugars - 1.2 gr., Fiber - 1 gr., Salt - 4 gr.*

## **Gnocchi Al Pestò Genovese Con Pomodori Secchi - 400g** **35 Lei**

*Gnocchi, pesto, sun-dried tomatoes in oil*

*Allergens - lactose, gluten.*

*Additives present - acidity regulator: citric and lactic acid; antioxidant: ascorbic acid.*

*Nutritional values: Energy value = 557 kcal*

*Proteins - 13.7 gr., Lipids - 21.6 gr. of which saturated fat - 2.3 gr.,*

*Carbohydrates - 75 gr. of which sugars - 0.2 gr., Fiber - 6 gr., Salt - 5.57 gr.*

## **Risotto Alla Milanese - 480g** **45 Lei**

*Rice, onion, butter, parmesan, olive oil,  
white wine, saffron*

*Allergens - lactose, gluten.*

*Additives present - acidity regulator: citric acid, xanthan gum.*

*Nutritional values: Energy value = 939 kcal*

*Proteins - 24.4 gr., Lipids - 57.7 gr. of which saturated fat - 23.7 gr.,*

*Carbohydrates - 75.7 gr. of which sugars - 2 gr., Fiber - 3 gr., Salt - 15.2 gr.*

## **Risotto Con Piselli E Pancetta** **50 Lei**

*Rice, pancetta, peas, white onion,  
butter, parmesan, olive oil, white wine*

*Allergens - lactose, gluten.*

*Additives present - acidity regulator: citric acid, xanthan gum.*

*Nutritional values: Energy value = 1232 kcal*

*Proteins - 40.9 gr., Lipids - 82 gr. of which saturated fat - 33.5 gr.,*

*Carbohydrates - 83.6 gr. of which sugars - 36 gr., Fiber - 5.4 gr., Salt - 17 gr.*

# SECONDI (MAIN DISH)

## **Vitello**

### **T-Bone - 400g** **205 Lei**

*T-bone, butter, garlic, rosemary, salt, pepper*

*Allergens - lactose.*

*Additives present - antioxidant: sodium citrate, sodium ascorbate; stabilizer: carrageenan.*

*Nutritional values: Energy value = 977 kcal*

*Protein - 114.1 gr.,*

*Lipids - 52 gr. of which saturated fat - 26.6 gr.,*

*Carbohydrates - 6.5 gr. of which sugars - 0.22 gr., Fiber - 1.3 gr., Salt - 1.2 gr.*

### **Tagliata Di Manzo - 300g** **120 Lei**

*Steak, butter, garlic, rosemary, salt, pepper*

*Allergens - lactose.*

*Additives present - antioxidant: sodium citrate, sodium ascorbate; stabilizer: carrageenan.*

*Nutritional values: Energy value = 988 kcal*

*Proteins - 70 gr., Lipids - 76.4 gr. of which saturated fat - 40 gr.,*

*Carbohydrates - 10.77 gr. of which sugars - 0.6 gr., Fiber - 3.2 gr., Salt - 4.25 gr.*

### **Filetto Di Manzo Al Salsa Di Pepe Verde - 180g** **134 Lei**

*Veal tenderloin, green peppercorns in brine, brandy,  
cream, butter, mustard, salad, salt, pepper*

*Allergens - lactose, peanuts, soy, mustard.*

*Additives present - maltodextrins; stabilizers: guar gum (E412), carob seed gum (E410); emulsifier: soy lecithin (E322); thickener: xanthan gum, flavor; preservative: potassium metabisulphite; coloring: carotenes.*

*Nutritional values: Energy value = 1008 kcal*

*Proteins - 60.2 gr., Lipids - 79.84 gr. of which saturated fat - 29.7 gr.,*

*Carbohydrates - 13 gr. of which sugars - 1 gr., Fiber - 1 gr., Salt - 4 gr.*

## **Tacchino & pollo**

### **Petto Di Tacchino Sottovuoto - 200g**

*Turkey breast, butter, cognac, liquid smoke, chives,  
peperoncino*

**48 Lei**

*Allergens - lactose.*

*Additives present -*

*Nutritional values: Energy value = 752 kcal*

*Proteins - 63.14 gr., Lipids - 41.7 gr. of which saturated fat - 25.1 gr.,*

*Carbohydrates - 1.3 gr. of which sugars - 0.15 gr., Fiber - 1 gr., Salt - 0.75 gr.*

### **Petto Di Pollo Sottovuoto - 200g** **42 Lei**

*Chicken breast, butter, rum, thyme, garlic, smoked paprika*

*Allergens - lactose.*

*Additives present - propylene glycol, flavor, simple caramel color.*

*Nutritional values: Energy value = 721 kcal*

*Proteins - 59.3 gr., Lipids - 48.5 gr. of which saturated fat - 27.3 gr.,*

*Carbohydrates - 13.1 gr. of which sugars - 0.35 gr., Fiber - 4 gr., Salt - 1.2 gr.*

## **Maiale**

### **Filetto Di Maiale Sottovuoto Con Salsa Di Vino Rosso - 200g** **48 Lei**

*Pork tenderloin, butter, cognac, unilever umami, liquid  
smoke, chives*

*Allergens - lactose.*

*Additives present -*

*Nutritional values: Energy value = 854 kcal*

*Proteins - 53.1 gr., Lipids - 54.6 gr. of which saturated fat - 25.8 gr.,*

*Carbohydrates - 6.98 gr. of which sugars - 0.12 gr., Fiber - 1.9 gr., Salt - 8.1 gr.*

### **Porchetta - 200g** **59 Lei**

*Pork breast, thyme, rosemary, garlic, smoked paprika,  
dijon mustard, olive oil, salt, pepper*

*Allergens - mustard.*

*Additives present -*

*Nutritional values: Energy value = 493 kcal*

*Proteins - 58.6 gr., Lipids - 25 gr. of which saturated fat - 2.9 gr.,*

*Carbohydrates - 9.9 gr. of which sugars - 0.23 gr., Fiber - 3 gr., Salt - 3.25 gr.*

### **Polpette Alla Boscaiola - 200g** **42 Lei**

*Pork, bread core, eggs, milk, mushrooms, tomato sauce,  
parmesan, basil, salt, pepper*

*Allergens - mustard, lactose, eggs.*

*Additives present - acidity corrector-citric acid.*

*Nutritional values: Energy value = 1032 kcal*

*Proteins - 95.4 gr., Lipids - 38.54 gr. of which saturated fat - 14.8 gr.,*

*Carbohydrates - 62.6 gr. of which sugars - 4.7 gr., Fiber - 5.3 gr., Salt - 6.5 gr.*

## **Pesce & frutti di mare**

### **Trota Alla Griglia - 250-350g** **55 Lei**

*Grilled trout, lemon, garlic, olive oil, salt, pepper*

*Allergens - fish.*

*Additives present -*

*Nutritional values: Energy value = 1068 kcal*

*Proteins - 86.2 gr., Lipids - 76.3 gr. of which saturated fat - 4.6 gr.,*

*Carbohydrates - 12.2 gr. of which sugars - 1.15 gr., Fiber - 1.7 gr., Salt - 5.5 gr.*

### **Filetti Di Branzino - 180g** **62 Lei**

*Grilled sea bass fillet, lime*

*Allergens - fish.*

*Additives present -*

*Nutritional values: Energy value = 224 kcal*

*Proteins - 37.5 gr., Lipids - 4.2 gr. of which saturated fat - 1 gr.,*

*Carbohydrates - 10.5 gr. of which sugars - 1.69 gr., Fiber - 2.8 gr., Salt - 2.5 gr.*

### **Filetti Di Tonno Rosso Tempura** **80 Lei**

*Red tuna, flour, beer, starch, salt, pepper - 180g*

*Allergens - gluten, fish.*

*Additives present -*

*Nutritional values: Energy value = 661 kcal*

*Proteins - 53.5 gr., Lipids - 10.3 gr. of which saturated fat - 2.5 gr.,*

*Carbohydrates - 62.7 gr. of which sugars - 0 gr., Fiber - 0.2 gr., Salt - 4.75 gr.*

### **Sauté Di Cozze Alla Marinara Con Pomodorini - 500g** **72 Lei**

*Mussels, garlic, olive oil, white wine, butter, parsley,  
tomato sauce, peperoncino, salt, pepper*

*Allergens - lactose.*

*Additives present - acidity corrector - citric acid.*

*Nutritional values: Energy value = 830 kcal*

*Proteins - 48.7 gr., Lipids - 54.5 gr. of which saturated fat - 21 gr.,*

*Carbohydrates - 22 gr. of which sugars - 2.63 gr., Fiber - 0.6 gr., Salt - 5.25 gr.*

## CONTORNI (GARNISH)

### Pure Di Patate - 150g 17 Lei

Potatoes, butter, salt, pepper

Allergens - lactose.

Additives present -

Nutritional values: Energy value = 524 kcal

Proteins - 2.63 gr., Lipids - 40.82 gr. of which saturated fat - 25.7 gr.,

Carbohydrates - 35.31 gr. of which sugars - 2.34 gr., Fiber - 5.3 gr., Salt - 3.65 gr.

### Pure Di Patate Al Tartufo - 150g 25 Lei

Potatoes, butter, milk, truffle paste, salt, pepper

Allergens - lactose.

Additives present -

Nutritional values: Energy value = 651 kcal

Proteins - 5.87 gr., Lipids - 46.17 gr. of which saturated fat - 26 gr.,

Carbohydrates - 38.13 gr. of which sugars - 2.43 gr., Fiber - 5.3 gr., Salt - 3.7 gr.

### Patate Lesse - 150g 15 Lei

Potatoes, parsley

Allergens -

Additives present -

Nutritional values: Energy value = 164 kcal

Proteins - 2.3 gr., Lipids - 0.28 gr. of which saturated fat - 0.02 gr.,

Carbohydrates - 34.63 gr. of which sugars - 2.38 gr., Fiber - 5.3 gr., Salt - 1 gr.

### Patate Al Forno - 150g 32 Lei

Potatoes, bacon, olive oil, salt

Allergens - lactose, mustard, gluten, egg, soy.

Additives present - stabilizers: polyphosphates; thickening agent: carrageenan; sugars: dextrose; acidity corrector: sodium acetate; preservative: sodium nitrite; smoke flavor.

Nutritional values: Energy value = 652 kcal

Proteins - 19.69 gr., Lipids - 41.42 gr. of which saturated fat - 9.93 gr.,

Carbohydrates - 38.73 gr. of which sugars - 2.75 gr., Fiber - 6.9 gr., Salt - 3.9 gr.

### Piselli Lèsse - 150g 16 Lei

Peas, olive oil, pepper, peperoncino, salt

Allergens -

Additives present -

Nutritional values: Energy value = 438 kcal

Proteins - 11.32 gr., Lipids - 32 gr. of which saturated fat - 4.36 gr

Carbohydrates - 31.17 gr. of which sugars - 11.5 gr., Fiber - 11.4 gr., Salt - 2 gr.

### Pure Di Piselli E Wasabi - 150g 25 Lei

Peas, butter, wasabi, salt, pepper

Allergens - lactose.

Additives present -

Nutritional values: Energy value = 531 kcal

Proteins - 9.86 gr., Lipids - 41.42 gr. of which saturated fat - 25.82 gr.,

Carbohydrates - 31.28 gr. of which sugars - 11.37 gr., Fiber - 11 gr., Salt - 3.6 gr.

### Verdure Alla Griglia - 150g 33 Lei

Tomatoes, zucchini, eggplant, red onion, asparagus, mushrooms

Allergens -

Additives present -

Nutritional values: Energy value = 131 kcal

Proteins - 9.86 gr., Lipids - 1.21 gr. of which saturated FA - 0.24 gr, m

Carbohydrates - 26.42 gr. of which sugars - 12.83 gr., Fiber - 9.1 gr., Salt - 0.5 gr.

### Asparagi Bolliti - 150g 31 Lei

Asparagus, olive oil, salt, pepper

Allergens -

Additives present -

Nutritional values: Energy value = 122 kcal

Proteins - 4.4 gr., Lipids - 10.2 gr. of which saturated fat - 0.08 gr.,

Carbohydrates - 7.76 gr. of which sugars - 3.76 gr., Fiber - 4.2 gr., Salt - 2.77 gr.

## INSALATE (SALADS)

### Caprese Con Mozzarella - 500g 65 Lei

Buffalo mozzarella, tomatoes, green basil, oregano, olive oil, salt flakes, pepper, salt, bread

Allergens - lactose.

Additives present - acidity regulator: E330, rennet; stabilizers: E405, E415; emulsifiers: E471, E472B.

Nutritional values: Energy value = 713 kcal

Proteins - 61.6 gr., Lipids - 44.8 gr. of which saturated fat - 14.6 gr.,

Carbohydrates - 25.5 gr. of which sugars - 5.64 gr., Fiber - 8.3 gr., Salt - 6.5 gr.

### Caesar- 580g 60 Lei

Iceberg salad, chicken breast, bacon, Parmesan cheese, rosemary, toned sauce, olive oil, vinegar, cherry tomatoes, bread, salt, pepper

Allergens - lactose, soy, mustard, gluten, egg.

Additives present - stabilizers: polyphosphates; thickening agent: carrageenan; sugars: dextrose; LACTOSE; acidity corrector: sodium acetate; preservative: sodium nitrite; smoke flavor.

Nutritional values: Energy value = 1007 kcal

Proteins - 70.78 gr., Lipids - 62.7 gr. of which saturated fat - 18 gr.,

Carbohydrates - 37.26 gr. of which sugars - 2.29 gr., Fiber - 3.9 gr., Salt - 9.32 gr.

### Insalata Mista Prosciutto Crudo Carciofi E Pomodorini Freschi Scaglie Di Parmigiano E Crema Aceto Balsamico Di Fragole - 450g 60 Lei

Salad mix, prosciutto crudo, artichoke in oil, cherry tomatoes, parmesan shavings, olive oil, strawberry balsamic vinegar cream, salt, pepper

Allergens - lactose.

Additives present -

Nutritional values: Energy value = 433 kcal

Proteins - 40.32 gr., Lipids - 24.8 gr. of which saturated fat - 8.4 gr.,

Carbohydrates - 10.8 gr. of which sugars - 3.28 gr., Fiber - 3 gr., Salt - 5.8 gr.

### Insalata Tiepida Di Polpo E Patate - 450g 87 Lei

Potatoes, octopus tentacles, olive oil, salad mix, parsley, peperoncino, smoked paprika

Allergens - crustaceans (octopus).

Additives present -

Nutritional values: Energy value = 687 kcal

Proteins - 36.92 gr., Lipids - 30.61 gr. of which saturated fat - 0.68 gr.,

Carbohydrates - 59.84 gr. of which sugars - 4.4 gr., Fiber - 8.9 gr., Salt - 6.25 gr.

### Insalata Coleslaw - 100g 20 Lei

White cabbage, carrots, red onion, dill, green onion, paprika, mustard, mayonnaise, yogurt, vinegar, salt, pepper

Allergens - lactose, gluten, eggs.

Additives present -

Nutritional values: Energy value = 90 kcal

Proteins - 3.55 gr., Lipids - 0.8 gr. of which saturated fat - 0.1 gr.,

Carbohydrates - 20.4 gr. of which sugars - 10.1 gr., Fiber - 6.4 gr., Salt - 3 gr.

### Insalata Di Radicchio Rosso Con Pancetta Affumicata Pinoli E Scaglie Di Parmigiano - 450g 68 Lei

Radicchio, smoked pancetta, pear, pine buds, parmesan shavings, olive oil, balsamic vinegar, salt

Allergens - lactose.

Additives present - dextrose, sucrose; antioxidant: E301; preservative: E250; smoked product.

Nutritional values: Energy value = 1058 kcal

Proteins - 40.1 gr., Lipids - 85.8 gr. of which saturated fat - 21.3 gr.,

Carbohydrates - 48.2 gr. of which sugars - 31.45 gr., Fiber - 7.5 gr., Salt - 2.53 gr.

# EXTRA

## Pecorino Romano - 50g

25 Lei

Allergens - lactose.

Additives present -

Nutritional values: Energy value = 194 kcal

Proteins - 15.5 gr., Lipids - 13 gr. of which saturated fat - 0 gr.,

Carbohydrates - 1.5 gr. of which sugars - 0 gr., Fiber - 0 gr., Salt - 0 gr.

## Pane Tostato - 50g

10 Lei

Allergens - gluten.

Additives present -

Nutritional values: Energy value = 122 kcal

Proteins - 3.5 gr., Lipids - 0.7 gr. of which saturated fat - 0.1 gr.,

Carbohydrates - 25 gr. of which sugars - 0 gr., Fiber - 0.5 gr., Salt - 1.25 gr.

## Piadina - 50g

19 Lei

Allergens - gluten, eggs.

Additives present -

Nutritional values: Energy value = 129 kcal

Proteins - 2.96 gr., Lipids - 4 gr. of which saturated fat - 0.6 gr.,

Carbohydrates - 18.4 gr. of which sugars - 0.28 gr., Fiber - 0 gr., Salt - 0 gr.

## Parmigiano - 50g

15 Lei

Allergens - lactose.

Additives present -

Nutritional values: Energy value = 196 kcal

Proteins - 17.8 gr., Lipids - 12.5 gr. of which saturated fat - 7.4 gr.,

Carbohydrates - 1.6 gr. of which sugars - 0.05 gr., Fiber - 0 gr., Salt - 0.58 gr.

# SALSE (SAUCES)

## Pesto Alla Genovese - 50g

15 Lei

Allergens - lactose.

Additives present -

Nutritional values: Energy value = 730 kcal

Proteins - 33.4 gr., Lipids - 64.5 gr. of which saturated fat - 14.1 gr.,

Carbohydrates - 11.8 gr. of which sugars - 1.6 gr., Fiber - 2.3 gr., Salt - 4.5 gr.

## Mayonnaise - 50g

5 Lei

Allergens - eggs, mustard.

Additives present - thickener: xanthan gum, flavor; preservative: potassium metabisulphite; coloring: carotenes.

Nutritional values: Energy value = 578 kcal

Proteins - 0.25 gr., Lipids - 65.19 gr. of which saturated fat - 8.4 gr.,

Carbohydrates - 0.2 gr. of which sugars - 0 gr., Fiber - 0 gr., Salt - 6.5 gr.

## Aioli - 50g

7 Lei

Allergens - lactose, eggs, mustard.

Additives present -

Nutritional values: Energy value = 594 kcal

Proteins - 37.2 gr., Lipids - 36.6 gr. of which saturated fat - 7.3 gr.,

Carbohydrates - 10.2 gr. of which sugars - 2 gr., Fiber - 2.1 gr., Salt - 3.5 gr.

## Crema Al Parmigiano - 50g

10 Lei

Allergens - lactose.

Additives present -

Nutritional values: Energy value = 474 kcal

Proteins - 37.2 gr., Lipids - 33.3 gr. of which saturated fat - 21.1 gr.,

Carbohydrates - 5.17 gr. of which sugars - 0.8 gr., Fiber - 0 gr., Salt - 3.25 gr.

## Chimichurri - 50g

7 Lei

Allergens -

Additives present -

Nutritional values: Energy value = 872 kcal

Proteins - 2.3 gr., Lipids - 100 gr. of which saturated fat - 0.1 gr.,

Carbohydrates - 10.19 gr. of which sugars - 1 gr., Fiber - 1.8 gr., Salt - 1.8 gr.

## Ketchup - 50g

4 Lei

Allergens - lactose.

Additives present - preservatives (potassium sorbate, sodium benzoate), tomato flavor, acidity corrector-citric acid.

Nutritional values: Energy value = 44 kcal

Proteins - 0.5 gr., Lipids - 0 gr. of which saturated fat - 0 gr.,

Carbohydrates - 10.5 gr. of which sugars - 8.5 gr., Fiber - 0 gr., Salt - 0 gr.

# DOLCI (DESSERT)

## Tiramisu - 220g

40 Lei

Mascarpone, cocoa, biscuits, milk

Allergens - gluten, lactose, eggs, soy.

Additives present - emulsifier: soy lecithin; acidity corrector: citric acid.

Nutritional values: Energy value = 1114 kcal

Proteins - 21.88 gr., Lipids - 65.77 gr. of which saturated fat - 40 gr.,

Carbohydrates - 110 gr. of which sugars - 47.45 gr., Fiber - 1.4 gr., Salt - 1 gr.

## Cannoli Siciliani with pistachio cream 25 Lei

Flour, eggs, sugar, vanilla, ricotta, chocolate, pistachios - 120g

Allergens - gluten, lactose.

Additives present -

Nutritional values: Energy value = 317 kcal

Proteins - 3.34 gr., Lipids - 20.8 gr. of which saturated fat - 9.85 gr.,

Carbohydrates - 29.25 gr. of which sugars - 12.52 gr., Fiber - 0.1 gr., Salt - 0 gr.

## Cannoli Siciliani with Catalan cream 25 Lei

Flour, eggs, milk, sugar, vanilla, ricotta, chocolate - 120g

Allergens - gluten, lactose.

Additives present -

Nutritional values: Energy value = 404 kcal

Proteins - 8.45 gr., Lipids - 25.91 gr. of which saturated fat - 15.3 gr.,

Carbohydrates - 32.8 gr. of which sugars - 13 gr., Fiber - 0.1 gr.,

## Panna Cotta ai frutti di bosco -120g 15 Lei

Milk, cream, gelatin, berries

Allergens - lactose, arachin, soy.

Additives present - maltodextrins; stabilizers: guar gum (E412), carob seed gum (E410); emulsifier: soy lecithin (E322).

Nutritional values: Energy value = 158 kcal

Proteins - 7.11 gr., Lipids - 9.43 gr. of which saturated fat - 1.2 gr.

Carbohydrates - 10.41 gr. of which sugars - 3.21 gr., Fiber - 1.6 gr., Salt - 0 gr.

## Panna Cotta al caffè - 120g

15 Lei

Milk, cream, gelatin, coffee

Allergens - lactose, arachin, soy.

Additives present - maltodextrins; stabilizers: guar gum (E412), carob seed gum (E410); emulsifier: soy lecithin (E322).

Nutritional values: Energy value = 143 kcal

Proteins - 7 gr., Lipids - 9.31 gr. of which saturated fat - 1.2 gr.,

Carbohydrates - 6.65 gr. of which sugars - 0.39 gr., Fiber - 0 gr., Salt - 0 gr.

## Crema Catalana - 120g

29 Lei

Eggs, milk, vanilla, sugar

Allergens - lactose, eggs.

Additives present -

Nutritional values: Energy value = 246 kcal

Proteins - 9.14 gr., Lipids - 27.6 gr. of which saturated fat - 1.37 gr.,

Carbohydrates - 10.6 gr. of which sugars - 0.16 gr., Fiber - 0.1 gr., Salt - 1 gr.

## Crostata (Mascarpone, Nutella) - 120g 25 Lei

Sugar, butter, flour, ricotta, nutella, eggs

Allergens - lactose, gluten, eggs, peanuts.

Additives present - emulsifier - lecithin.

Nutritional values: Energy value = 742 kcal

Proteins - 11.63 gr., Lipids - 49.19 gr. of which saturated fat - 28.4 gr.,

Carbohydrates - 63.08 gr. of which sugars - 33.4 gr., Fiber - 0 gr., Salt - 0.5 gr.

## Crostata (Marmellata Di Ciliegi) - 120g 15 Lei

Sugar, butter, flour, cherry jam

Allergens - gluten, lactose.

Additives present - emulsifier: soy lecithin; acidity corrector: citric acid; preservative: sodium benzoate, potassium sorbate, E163.

Nutritional values: Energy value = 560 kcal

Proteins - 5.84 gr., Lipids - 20.91 gr. of which saturated fat - 12.8 gr.,

Carbohydrates - 84.8 gr. of which sugars - 18.3 gr., Fiber - 1.2 gr., Salt - 0.5 gr.

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italian dining experience...*